



# Kari Trent Stageberg, MBA

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## Education & Credentials:

- Bachelor of Science in Marketing from Azusa Pacific University
- Masters of Business Administration from Azusa Pacific University
- Certified Master Coach and Trainer for the International Christian Coaching Institute.
- Trained in Emotionally Focused Therapy (EFT)

## Experience:

Kari has spoken at events and to audiences worldwide, including Focus on the Family Broadcast (5x), AACC National Conference, and to over a million people on Iran Alive.

Her story of surviving and healing from domestic violence has been viewed and shared over a million times.

Kari is a frequent radio and podcast guest and has been on programs like Nancy Rae, Janet Parschall, and Moody Radio.

## Bio:

Kari Trent Stageberg, MBA, is the President of StrongFamilies, a nationally known speaker, and the bestselling author or coauthor of multiple books, including *The Merge for Marriage*, *The Blessing*, and *Where Do I Go From Here?*

She is a certified Master Coach and Trainer, and she and her father Dr. John Trent, train people around the country on their 3 core pillars: LifeMapping, *The Blessing*, and *The Animal Personalities* her father created (Lion, Otter, Golden Retriever, and Beaver).

As a domestic violence survivor, Kari has a passion for helping others experience hope and healing no matter where they are in their journey. Millions have viewed her story of surviving and healing from domestic violence and it has been featured on Focus on The Family, Iran Alive, Moody Radio, and more.

However, Kari's biggest honor is being married to her incredible husband, Joey, and being a mom to their two young sons.