Authors of the Million-Copy Bestseller The Blessing

JOHN TRENT, Ph.D. KARI TRENT STAGEBERG

YOUR JOURNEY FROM BROKEN Finding the Love You Didn't Receive

WELCOME TO:

From Broken to Blessed: Helping Clients Move Past Attachment Losses To A Foundation of Love & Blessing

JOHN TRENT, PH.D. KARI TRENT STAGEBERG, MBA



So Who Are We?

JOHN TRENT, PH.D.

- Husband, Dad, Grandfather
- Avid TCU Fan "Go Frogs!"
- Author, Speaker, Coach











So Who Are We?

KARI TRENT STAGEBERG, MBA

- Wife, Mom
- "Popcorn is a real meal" believer
- Author, Speaker, Coach







KENNY SANDERFER

As Life Coaches, we will get to work with many people who have experienced broken attachment.

WE NEED TO UNDERSTAND

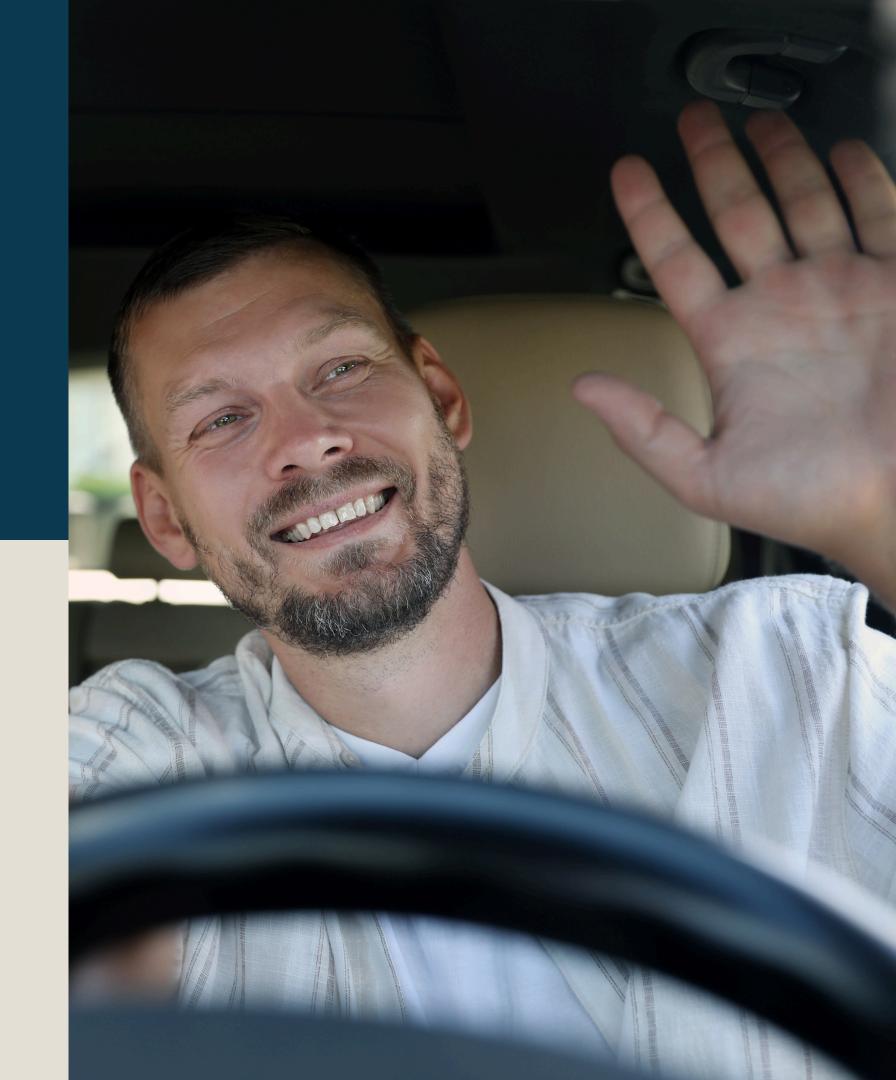
Where Brokenness Comes From

For some of us, we remember the exact moment brokenness happened.



GENE HACKMAN

A life-long wave...





JOHN'S STORY

Broken to Blessed



For others, it's was a dawning recognition.



STEVE MARTIN

Greatest childhood...



Or maybe they've had a relationship or experience later in life that has caused them to question their value, worth, or relational connection.

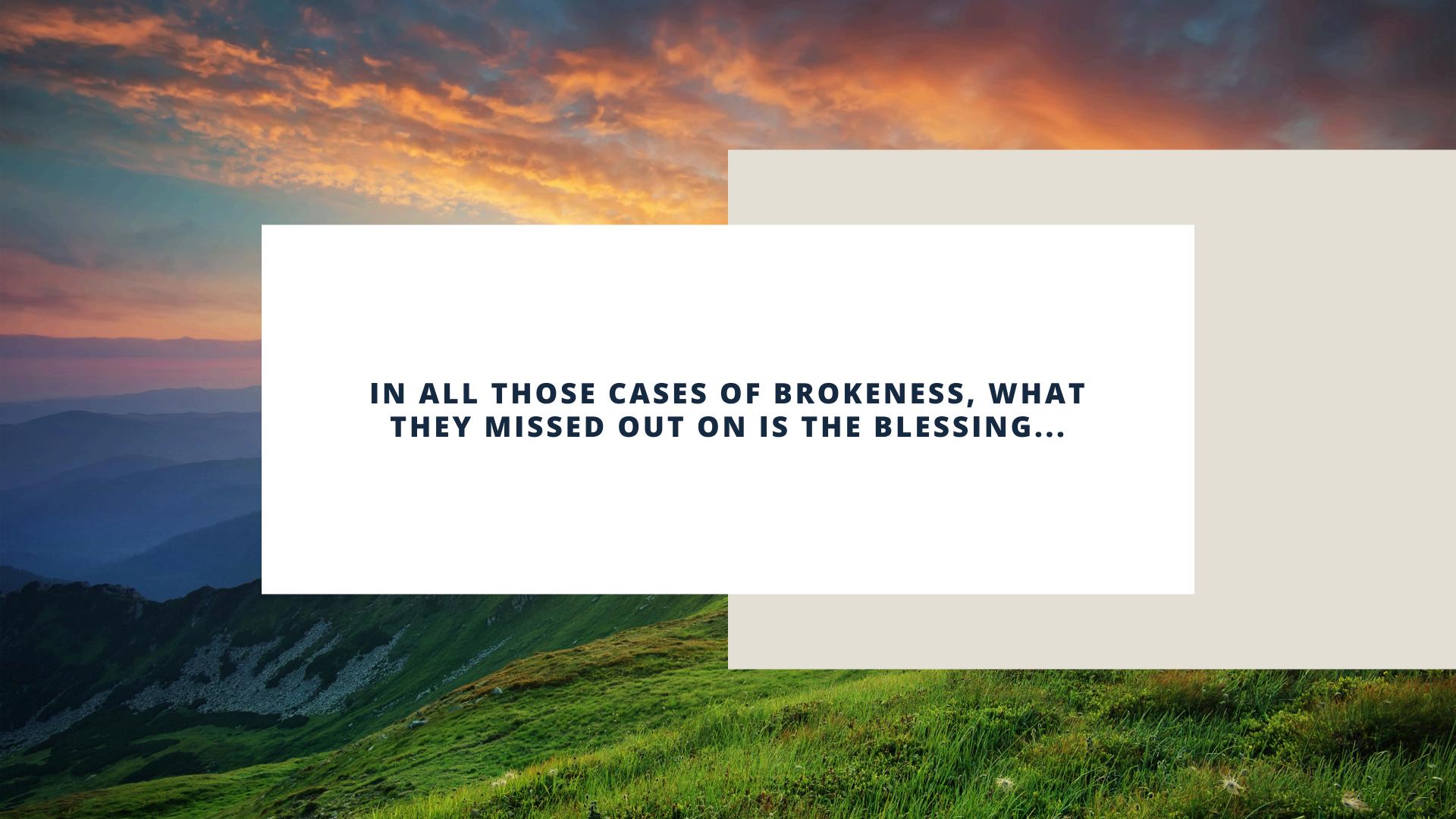
ABUSE, TRAUMA, ADDICTION, LOSS, DIVORCE, ETC.



KARI'S STORY

Abuse to Beloved





Appropriate Meaningful Touch

Appropriate Meaningful Touch

Spoken Or Written Words

Appropriate Meaningful Touch

Spoken Or Written Words

Attaching High Value

Appropriate Meaningful Touch

Spoken Or Written Words

Attaching High Value

Picturing A Special Future

Appropriate Meaningful Touch

Spoken Or Written Words

Attaching High Value

Picturing A Special Future

Genuine Commitment

AS COACHES...

How Do We Move People From Broken To Blessed?



YOUR JOURNEY FROM -BROKEN

OFFICIAL JOURNEY GUIDE

DR. JOHN TRENT & KARI TRENT STAGEBERG

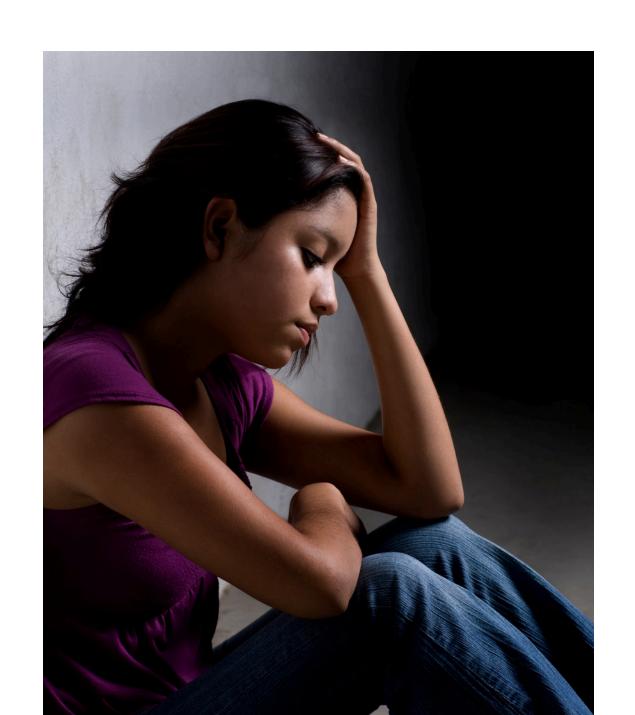
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IN THE JOURNEY GUIDE

You'll find examples of all 7 things we talk about in the book...

5 POWERFUL WAYS TO HELP

People Move From Broken to Blessed



Do they need to switch their primary attachment figure?



JOSIAH'S STORY

He walked in the ways of his father...





TAKE THEM BACK

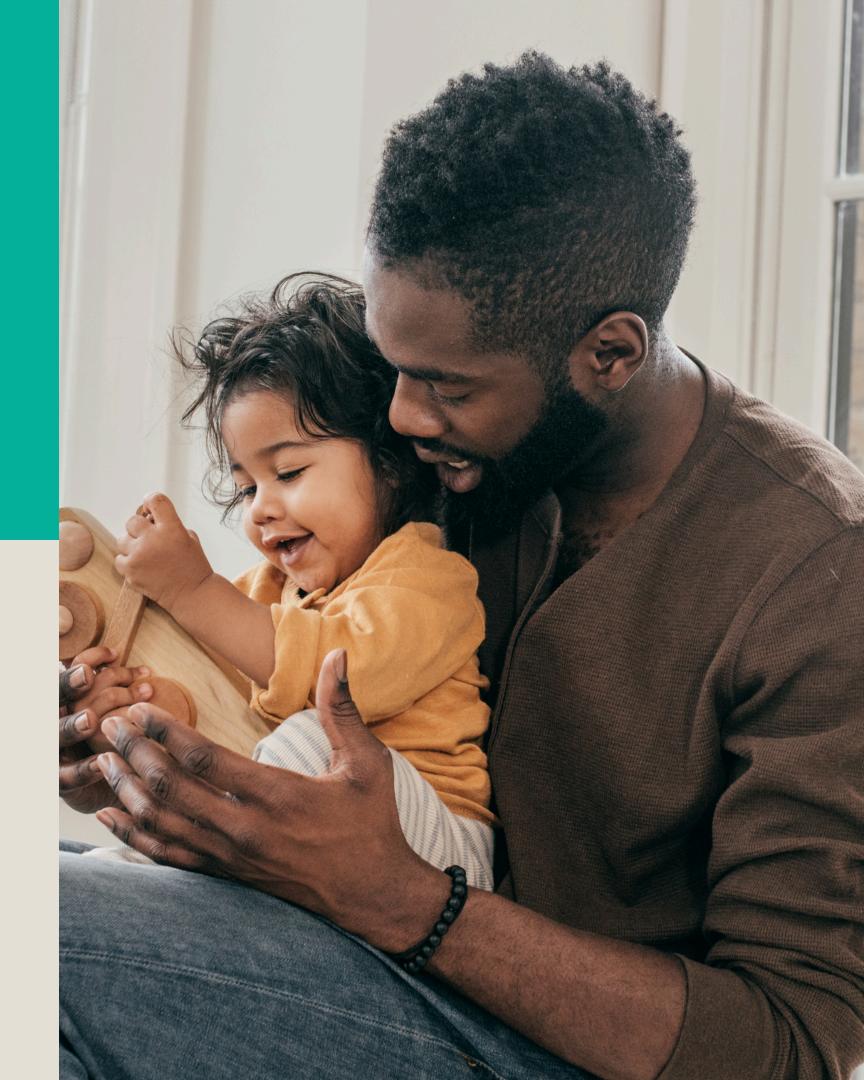
To a person who did bless them...



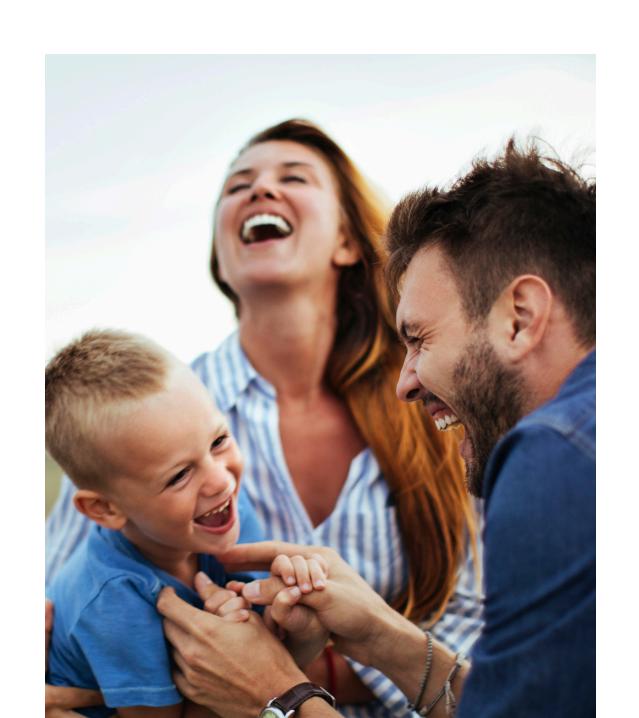


PSALM 103

An incredible picture of what loving attachment looks like.

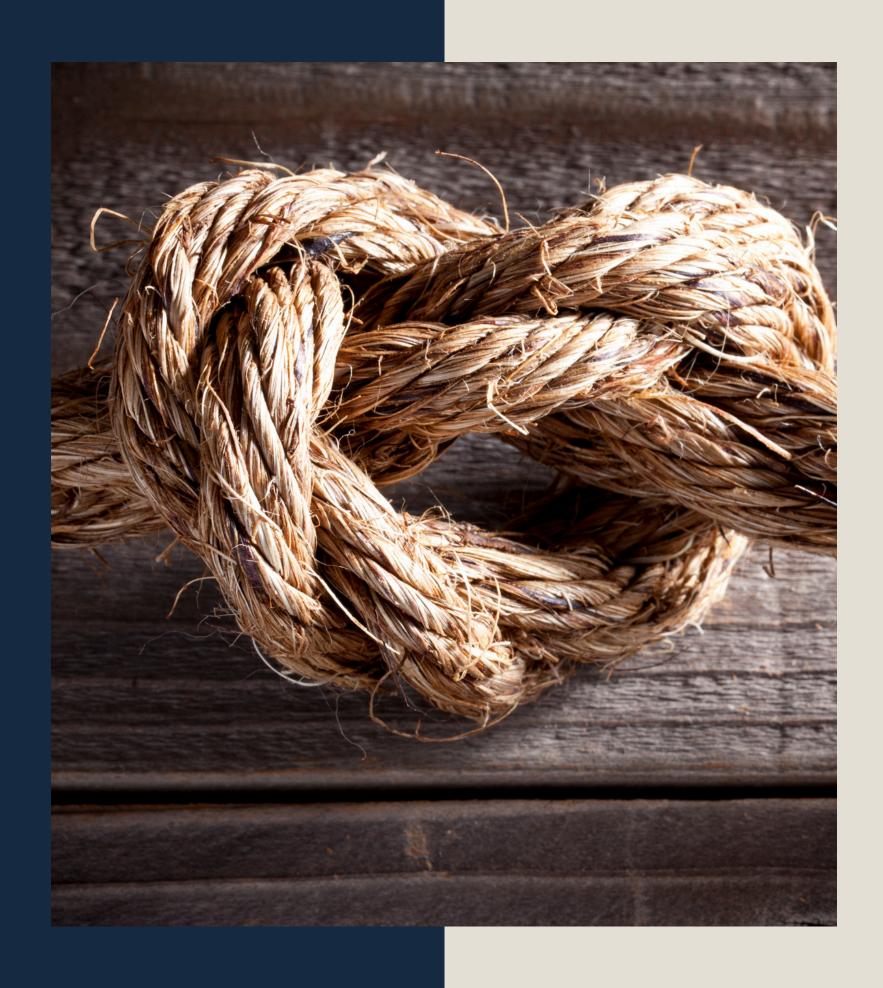


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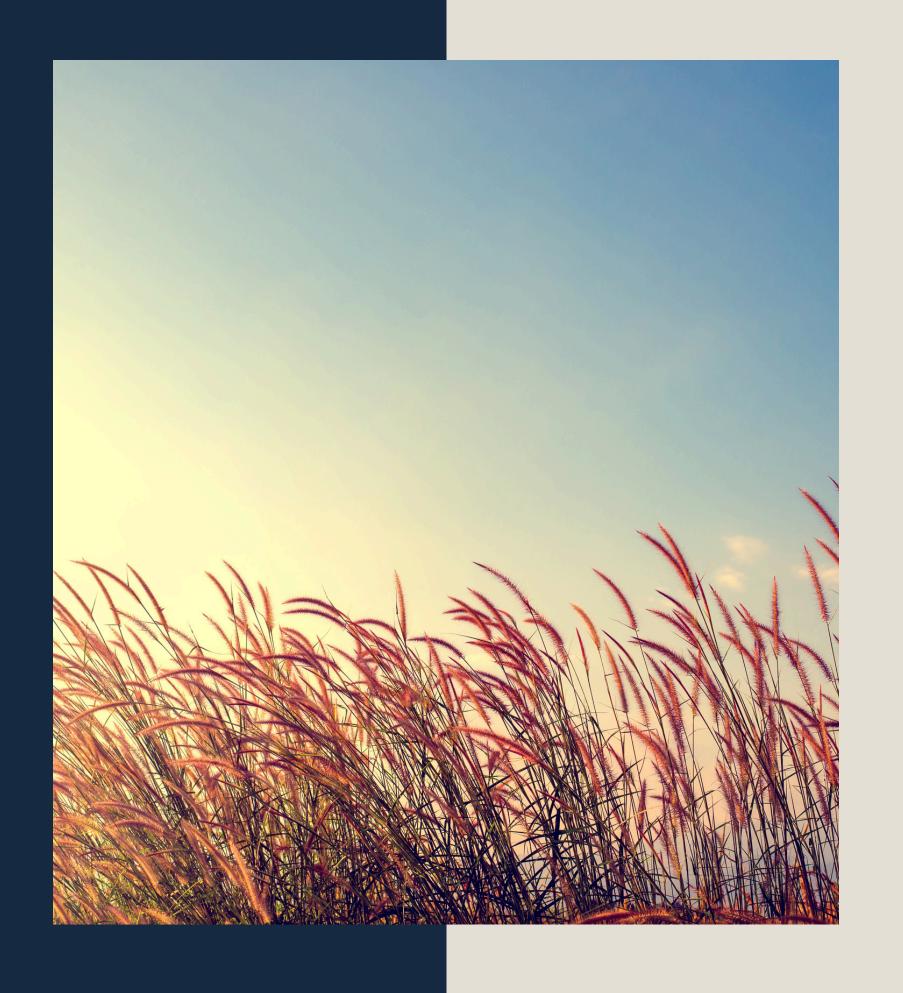
We encourage them to declare an end to their war





THEY MAY NEED TO

Untie the knot



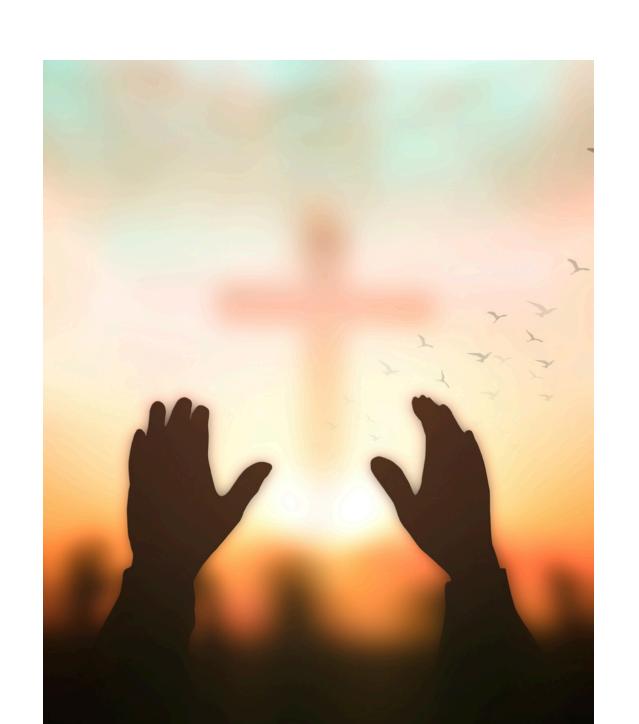
WE TRY TO ASK...

Have you forgiven them?

Have you forgiven yourself?

Have you forgiven God?

3



Do they need a different picture of a loving God?



99

Praise be to the God and
Father of our Lord Jesus
Christ, who has blessed us in
the heavenly realms with every
spiritual blessing in Christ...

EPHESIANS 1 & 2

Question:

READ THROUGH THIS LIST QUICKLY FROM EPH. 1 - 2. WHICH ONE REALLY HITS YOU AS SOMETHING THAT CAN OR HAS IMPACTED YOUR RELATIONSHIP WITH JESUS OR WITH OTHERS?





He "adopts us as sons and daughters" (1:6)

He "redeems us" (1:7)

He gives us an "inheritance" (1:11)

He "seals" us with God's Holy Spirit (1:13)

With His great love He "loves" us (2:4)

We were spiritually dead and He makes us alive in Him (2:5)

And "raises us up" with Him in the Heavenly Places (2:6)

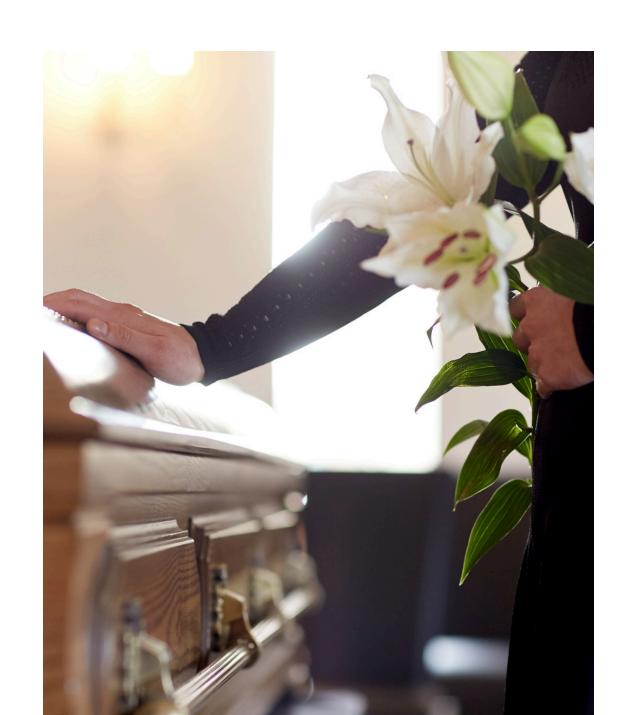
We were once strangers, without hope, far off – now in Christ brought near (2:13)

He breaks down the dividing wall and brings us peace (2:14)



COACHING MOMENT...

Looking at that list, get them to circle the one that is the most difficult for them to really hang onto or internalize 4



Preparing for the Day the Dream of a Blessing Ends



YOU ARE HELPING THEM

Answer the question, "Where Do I Go From Here?"



NANCY'S STORY

"You did the best you could"



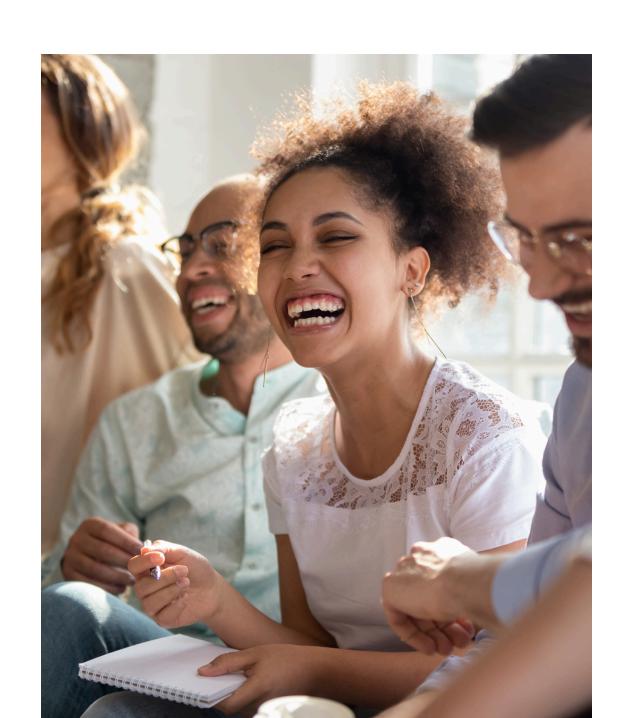
The First Four

ARE THINGS THEY CAN DO FOR THEMSELVES

Number Five

IS SOMETHING THEY CAN DO FOR OTHERS - AND REALLY SOLIDIFIES HEALING.

5



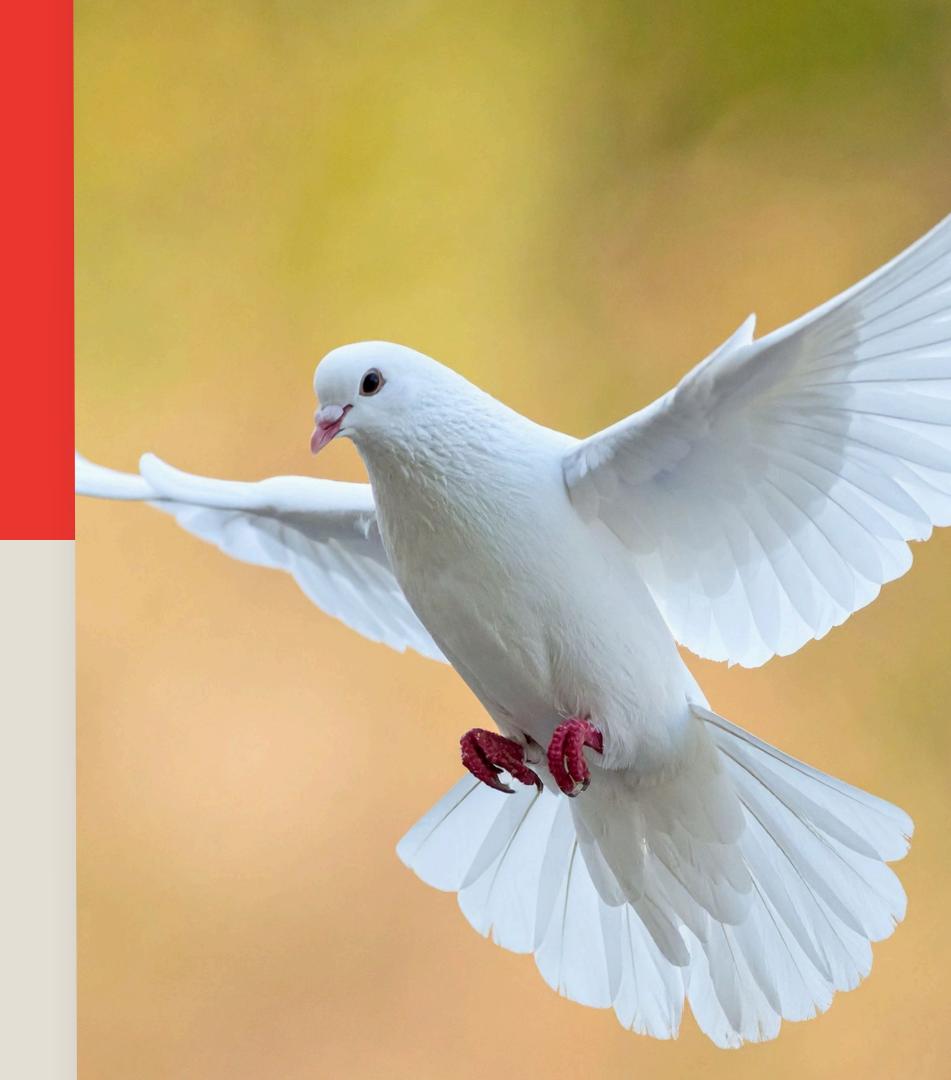
Be There

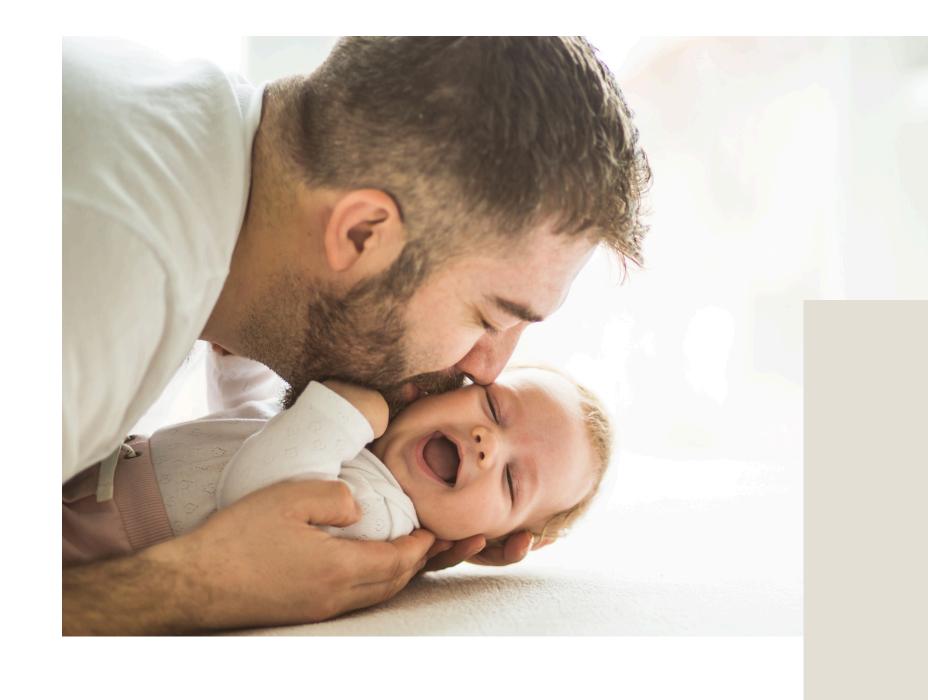


JESUS' BAPTISM

And a voice came from heaven: 'You are my Son, whom I love; with you I am well pleased."

MARK 1:11







"I have chosen and consecrated this temple so that my Name may be there forever. My eyes and my heart will always be there."

2 Chronicles 7:16

2 Chronicles 7:16

Forever My Name



Genuine Commitment

2 Chronicles 7:16

Forever My Name

My Eyes



Genuine Commitment



Attaching High Value

2 Chronicles 7:16

Forever My Name

My Eyes

My Heart



2

3

Attaching High Value

Emotional Commitment

How Can You Be There For Someone Else?

WE NEED TO GET THEM MOVING TOWARDS OTHERS

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