

Jesus Blesses us with "every spiritual Blessing" (1:3)



He "chooses us" (1:4)



He "adopts us as sons and daughters" (1:6)



He "redeems us" (1:7)



He gives us an "inheritance" (1:11)



He "seals" us with God's Holy Spirit (1:13)



With His great love He "loves" us (2:4)



We were spiritually dead and He makes us alive in Him (2:5)



And "raises us up" with Him in the Heavenly Places (2:6)



We were once strangers, without hope, far off – now in Christ brought near (2:13)



He breaks down the dividing wall and brings us peace (2:14)

